

PREPARTICIPATION PHYSICAL EVALUATION—PHYSICAL EXAMINATION

Student's Name: _____ Sex: _____ Age: _____ Date of Birth: _____
 School: _____ Grade: _____ BP _____ / _____ (_____ / _____ , _____ / _____)
 Height: _____ Weight: _____ %Body fat (optional): _____ Pulse: _____
 Vision R 20/ _____ L/20 _____ Corrected: Y N Pupils: Equal _____ Unequal _____

The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners. Examination forms signed by any other health care practitioner will not be accepted. The University Interscholastic League and HISD rules require this report to be completed and the exam to have been passed before a student participates in any tryouts, practices, games, or off-season programs.

When in the judgment of school staff members there appears to be a change in the physical status of an athlete after the physician's report is completed, the school may require another physical examination, and a release by the physician must then be obtained before an athlete will be allowed to continue in an activity.

MEDICAL	NORMAL	ABNORMAL FINDINGS	INITIALS*
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart-Auscultation of the heart in the supine position.			
Heart Auscultation of the heart in the standing position.			
Heart Lower-extremity pulses			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
MUSCULOSKELETAL			
Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

Previous surgery _____

Is student taking any medication routinely? Yes No (If yes, explain) _____

Allergic to any medication? _____

CLEARANCE

Cleared: _____

Not cleared for: _____ Reason: _____

Recommendations: _____

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Name (print/type): _____ Date of Examination: _____

Address: _____

Phone Number: _____

Signature: _____

Must be completed before a student participates in any practice, before, during or after school, (both in-season and out-of-season) or games/matches.